



**Valentino Chiropractic Clinic**  
**332 Browns Line**  
**Etobicoke, ON. M8W 3T6**  
**Tel: 416-259-4911 Fax: 416-259-1824**

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### PATIENT INFORMATION

First Name \_\_\_\_\_ Last Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Province \_\_\_\_\_ Postal Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ ext \_\_\_\_\_ Cell Phone \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Marital Status: **M S D W** Birth Date: DD/MM/YY \_\_\_\_\_ Age \_\_\_\_\_

Work Status:  Employed (FT/PT)  Retired  Student  Unemployed

Company where employed: \_\_\_\_\_

Hobbies: \_\_\_\_\_

What is your **primary** complaint? \_\_\_\_\_

Other complaints? \_\_\_\_\_

Have you consulted with other doctor's for your present condition(s)? \_\_\_\_\_ If yes, whom? \_\_\_\_\_

Name of Family Doctor: \_\_\_\_\_ When was your last Physical Examination? \_\_\_\_\_

Do you or your spouse have Extended Health Care Insurance?  Yes  No

Name of Insurance Co. \_\_\_\_\_

How were you referred?  Patient  Drive By  Yellow pages  Sign  Flyer  Website  internet search  
other: \_\_\_\_\_

Is your problem related to an injury? \_\_\_ Yes \_\_\_ No

Is your problem related to a: \_\_\_ Car Accident \_\_\_ Slip/Fall \_\_\_ Work related \_\_\_ other

If other Describe \_\_\_\_\_

In Case of Emergency contact: \_\_\_\_\_ Phone # \_\_\_\_\_

Have you ever been to a chiropractor before? \_\_\_ Yes \_\_\_ No

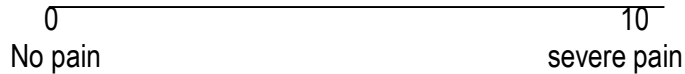
If yes, whom? For what condition?

\_\_\_\_\_ Date of Last Adjustment: \_\_\_\_\_

**Continued on Back...please flip over>>>**

When did your present complaint start? \_\_\_\_\_  
 Is it getting better? Worse? Staying the same? \_\_\_\_\_  
 Have you had this complaint before? If yes, when? \_\_\_\_\_  
 Anything make it better? \_\_\_\_\_  
 Anything make it worse? \_\_\_\_\_  
 Can you describe the quality of the pain? (Ex: sharp, dull, shooting...) \_\_\_\_\_  
 Does the pain travel anywhere else? \_\_\_\_\_  
 Is it worse at any point during the day? \_\_\_\_\_

On a scale of 0-10, I rate my discomfort or pain as: (mark an X)



On a scale of 1-10 what is your STRESS level today? (Mark an X)



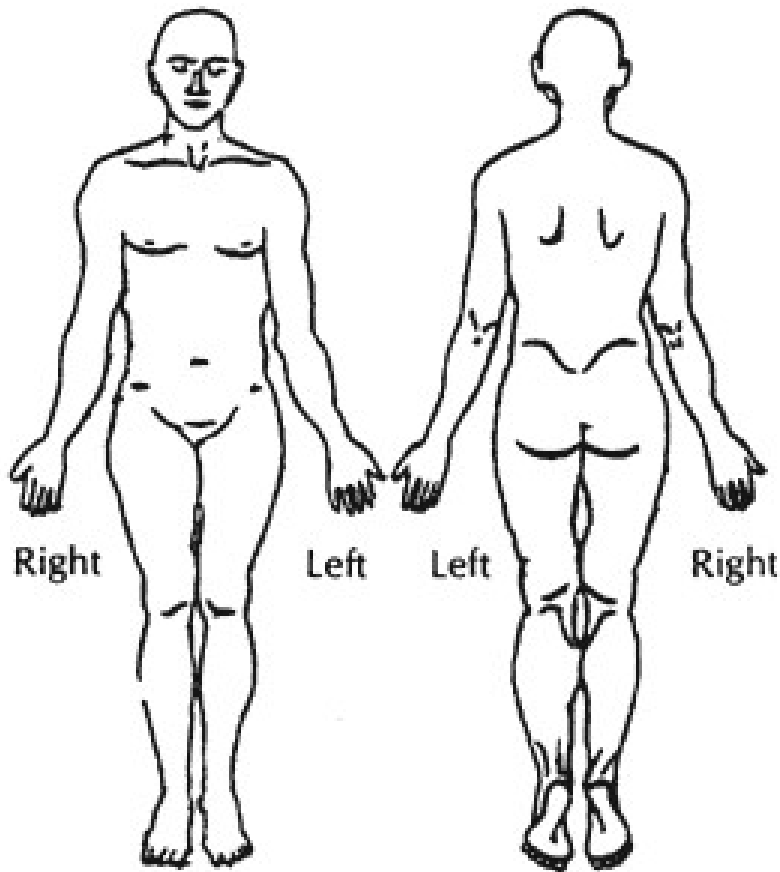
Place X's on the area that you have pain or discomfort on the picture below:

Your Height:

\_\_\_\_ Ft \_\_\_\_ inches  
 \_\_\_\_\_ cm

Your Weight:

\_\_\_\_ lbs  
 \_\_\_\_\_ kgs



Date \_\_\_\_\_

Signature \_\_\_\_\_

# Valentino Chiropractic Clinic

Patient Name \_\_\_\_\_

Date \_\_\_\_\_

The items below may relate to your current condition. In the space in front of each item, put a **Y** if you have had the problem **WITHIN THE LAST YEAR** and an **N** if you have **NEVER HAD** the problem.

## GENERAL

1. \_\_\_\_\_ fever
2. \_\_\_\_\_ Chills
3. \_\_\_\_\_ Night sweats
4. \_\_\_\_\_ Loss of sleep
5. \_\_\_\_\_ Fatigue
6. \_\_\_\_\_ Nervousness
7. \_\_\_\_\_ Weight loss or gain
8. \_\_\_\_\_ Allergies
9. \_\_\_\_\_ Bleeding problems
10. \_\_\_\_\_ Anemia
11. \_\_\_\_\_ Diabetes
12. \_\_\_\_\_ Cancer
13. \_\_\_\_\_ Thyroid disease/Goiter
14. \_\_\_\_\_ Alcoholism
15. \_\_\_\_\_ Drug Abuse

## EAR, EYE, NOSE, THROAT

16. \_\_\_\_\_ Poor vision
17. \_\_\_\_\_ Pain in Eye(s)
18. \_\_\_\_\_ Deafness/Difficulty Hearing
19. \_\_\_\_\_ Nosebleeds
20. \_\_\_\_\_ Nose problems
21. \_\_\_\_\_ Sinus Trouble
22. \_\_\_\_\_ Dental Problems
23. \_\_\_\_\_ Hoarseness
24. \_\_\_\_\_ Tonsillectomy

## GASTROINTESTINAL

25. \_\_\_\_\_ Poor Appetite
26. \_\_\_\_\_ Poor Digestion
27. \_\_\_\_\_ Difficulty Swallowing
28. \_\_\_\_\_ Belching or Gas
29. \_\_\_\_\_ Frequent Nausea
30. \_\_\_\_\_ Vomiting
31. \_\_\_\_\_ Vomiting blood
32. \_\_\_\_\_ Pain over the abdomen
33. \_\_\_\_\_ Ulcer
34. \_\_\_\_\_ Black or bloody stools
35. \_\_\_\_\_ Liver problems
36. \_\_\_\_\_ Gall Bladder problems
37. \_\_\_\_\_ Jaundice
38. \_\_\_\_\_ Hernia
39. \_\_\_\_\_ Diarrhea
40. \_\_\_\_\_ Constipation
41. \_\_\_\_\_ Hemorrhoids
42. \_\_\_\_\_ Appendicitis

## MEN ONLY

43. \_\_\_\_\_ testicular swelling/Pain
44. \_\_\_\_\_ Prostate Problems

## RESPIRATORY

45. \_\_\_\_\_ Difficulty in Breathing
46. \_\_\_\_\_ Chronic cough
47. \_\_\_\_\_ Spitting Phlegm

48. \_\_\_\_\_ Spitting blood
  49. \_\_\_\_\_ Wheezing/Asthma
  50. \_\_\_\_\_ Pneumonia
  51. \_\_\_\_\_ Tuberculosis
- ## CARDIOVASCULAR
52. \_\_\_\_\_ Irregular Heartbeat
  53. \_\_\_\_\_ High blood pressure
  54. \_\_\_\_\_ Pain over the heart
  55. \_\_\_\_\_ Previous heart trouble
  56. \_\_\_\_\_ Ankle swelling
  57. \_\_\_\_\_ Varicose Veins
  58. \_\_\_\_\_ Rheumatic Fever
  59. \_\_\_\_\_ Stroke

## GENITOURINARY

60. \_\_\_\_\_ Frequent Urination
61. \_\_\_\_\_ Painful urination
62. \_\_\_\_\_ Blood in Urine
63. \_\_\_\_\_ Kidney Disease
64. \_\_\_\_\_ Urinary infection
65. \_\_\_\_\_ Inability to control Urination
66. \_\_\_\_\_ Difficulty starting urine flow
67. \_\_\_\_\_ Get up at night to urinate
68. \_\_\_\_\_ Breast lump or pain
69. \_\_\_\_\_ Venereal infection
70. \_\_\_\_\_ sexual difficulties

## SKIN

71. \_\_\_\_\_ Itching
72. \_\_\_\_\_ bruise easily
73. \_\_\_\_\_ Change in Mole
74. \_\_\_\_\_ Skin Cancer
75. \_\_\_\_\_ scars

## NEUROLOGIC

76. \_\_\_\_\_ Weakness
77. \_\_\_\_\_ Twitching
78. \_\_\_\_\_ Headache
79. \_\_\_\_\_ Fainting
80. \_\_\_\_\_ Dizziness
81. \_\_\_\_\_ Convulsions
82. \_\_\_\_\_ Epilepsy/Seizures
83. \_\_\_\_\_ Numbing/Tingling
84. \_\_\_\_\_ Arm/Leg Pain
85. \_\_\_\_\_ mental disorder
86. \_\_\_\_\_ tremors

## MUSCULOSKELETAL

87. \_\_\_\_\_ Neck stiffness/Pain
88. \_\_\_\_\_ Pain between shoulders
89. \_\_\_\_\_ Low Back Pain
90. \_\_\_\_\_ Swollen Joints
91. \_\_\_\_\_ Painful Joints
92. \_\_\_\_\_ Muscle aches/soreness
93. \_\_\_\_\_ Arthritis

94. \_\_\_\_\_ spinal curvature

## WOMEN ONLY

95. \_\_\_\_\_ Painful periods
96. \_\_\_\_\_ Excessive Flow
97. \_\_\_\_\_ Irregular cycles
98. \_\_\_\_\_ Vaginal burning/itching
99. \_\_\_\_\_ Hot flashes
100. \_\_\_\_\_ Date last period began: \_\_\_\_\_
101. \_\_\_\_\_ Date of last Pap smear: \_\_\_\_\_

## EXERCISE

102. \_\_\_\_\_ None
103. \_\_\_\_\_ 1-2 times/wk
104. \_\_\_\_\_ 3-5 times/wk
105. \_\_\_\_\_ 6-7 times/wk

## HABITS

106. \_\_\_\_\_ smoking \_\_\_\_\_#packs/day
107. \_\_\_\_\_ Drinking
108. \_\_\_\_\_ Recreational drug use
109. \_\_\_\_\_ caffeine

**FAMILY HISTORY:** include siblings, grandparents, and parents (do not include yourself)

110. \_\_\_\_\_ Diabetes
111. \_\_\_\_\_ Thyroid Disease/goiter
112. \_\_\_\_\_ Tuberculosis
113. \_\_\_\_\_ Kidney disease
114. \_\_\_\_\_ High blood pressure
115. \_\_\_\_\_ Heart disease
116. \_\_\_\_\_ Cancer
117. \_\_\_\_\_ muscle, bone or nerve disease
118. \_\_\_\_\_ Lung disease
119. \_\_\_\_\_ Ulcers
120. \_\_\_\_\_ Arthritis
121. \_\_\_\_\_ Seizures
122. \_\_\_\_\_ Strokes

## MISCELLANEOUS

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# Valentino Chiropractic Clinic Office Policy

Throughout your treatment, Dr. Valentino will recommend a schedule of care. Your schedule of care is based on results. If we don't see you often enough, our ability to reduce negative patterns in your spine is impaired. Dr. Valentino's recommendations are designed to produce the greatest results in the shortest amount of time, that's why keeping your appointments is so important.

We recognize that your time is just as valuable as ours. It is our mission to not make you wait for your appointment.

However, in the event that you need to cancel or reschedule your appointment, we require 24 hours for **ALL CANCELLATIONS and RESCHEDULED appointments**. **Failure to provide 24 hours' notice will result in a Missed Appointment Fee of \$25.**

By signing below, I agree to the terms above and I have been given the opportunity to have my questions answered by Dr. Valentino and fully understand the above office policy. **I understand that repeated cancellations of appointments and non-adherence to my schedule of care may result in the termination of treatment by Dr. Valentino.**

Printed Name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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