

# TCM CLINEEK-Etobicoke



YIN &  
YANG  
BALANCE

## Acupuncture



## Cosmetic Acupuncture



## Chinese Herbal Medicine



## Guided Meditation



## BodyTalk Access



## Patient Intake Form

<b>Last Name:</b>	<b>First Name:</b>	<b>Sex:</b>
<b>Address:</b>		<b>Date of Birth:</b>
<b>City/Province:</b>	<b>Postal Code:</b>	<b>Date of 1<sup>st</sup> visit:</b>
<b>Cell Phone Number:</b>	<b>E-mail:</b>	<b>Home Phone Number:</b>
<b>Work Phone Number:</b>	<b>Occupation:</b>	<b>Marital Status:</b>
<b>Emergency Contact's Name:</b>	<b>Relationship:</b>	<b>Phone Number:</b>
<b>Family Physician:</b>	<b>Phone Number:</b>	<b>How did you hear about us?</b>

## General Health Condition of Patient

<b>Major Medical + Mental Health conditions:</b> Please circle which ever applies to you.	AIDS, Asthma, Arthritis, Cancer, Alcoholism, Diabetes Type I, Diabetes Type II, Easily Bruising, Hemophilia, High Blood Pressure, Heart Disease, Hepatitis B, Hepatitis C, HIV+, Hypo/Hyper Thyroidism, Pace Makers, Psychological Disorders, Seizures, Significant Trauma, Surgeries
<b>Other Medical Conditions; please specify:</b>	
<b>Chief Complaint &amp; Duration</b>	
<b>Medications &amp; Natural Remedies</b>	
<b>Diet (Please describe briefly)</b>	
<b>Environmental or Food &amp; Drug Allergies</b>	
<b>Patient's Past History of Illnesses</b>	
<b>Family History of Illnesses</b>	

**Note:** This is a 3 page intake form. Please check boxes that apply to you on back page (page 2), and sign the 3<sup>rd</sup> page.

**Your Life Style**

- |                                  |                                    |   |                                   |
|----------------------------------|------------------------------------|---|-----------------------------------|
| <input type="checkbox"/> Alcohol | <input type="checkbox"/> Marijuana | <input type="checkbox"/> Stress               | <input type="checkbox"/> Exercise |
| <input type="checkbox"/> Tobacco | <input type="checkbox"/> Drugs     | <input type="checkbox"/> Occupational Hazards | Frequency: _____                  |

**General Symptoms**

- |  |   |   |   |   |
|--|---|---|---|---|
| <input type="checkbox"/> Poor Appetite         | <input type="checkbox"/> Poor Sleep       | <input type="checkbox"/> Bodily Heaviness | <input type="checkbox"/> Chills, feeling cold | <input type="checkbox"/> Fever, feeling warm        |
| <input type="checkbox"/> Heavy Appetite        | <input type="checkbox"/> Heavy Sleep      | <input type="checkbox"/> Cold Hands/feet  | <input type="checkbox"/> Night Sweating       | <input type="checkbox"/> Bleeding/bruising          |
| <input type="checkbox"/> Cold drink preference | <input type="checkbox"/> Dreaming         | <input type="checkbox"/> Poor Circulation | <input type="checkbox"/> Sweating Easily      | <input type="checkbox"/> Odd Taste, Describe: _____ |
| <input type="checkbox"/> Hot drink preference  | <input type="checkbox"/> Fatigue          | <input type="checkbox"/> Breath Shortness | <input type="checkbox"/> Muscle Cramps        | _____   |
| <input type="checkbox"/> Weight Gain/Loss      | <input type="checkbox"/> Lack of Strength | <input type="checkbox"/> Vertigo          | <input type="checkbox"/> Dizziness            | _____   |

**Head, Eyes, Ears, Nose, Throat**

- |   |  |  |   |  |
|---|--|--|---|--|
| <input type="checkbox"/> Glasses        | <input type="checkbox"/> Night Blindness | <input type="checkbox"/> Lips/Tongue Sores | <input type="checkbox"/> Repeat Sore Throat | <input type="checkbox"/> Headaches                 |
| <input type="checkbox"/> Eye Strain     | <input type="checkbox"/> Glaucoma        | <input type="checkbox"/> Dry Mouth         | <input type="checkbox"/> Swollen Glands     | <input type="checkbox"/> Migraines                 |
| <input type="checkbox"/> Eye Pain       | <input type="checkbox"/> Cataracts       | <input type="checkbox"/> Excessive Saliva  | <input type="checkbox"/> Lumps in Throat    | <input type="checkbox"/> Concussions               |
| <input type="checkbox"/> Red Eyes       | <input type="checkbox"/> Teeth Problems  | <input type="checkbox"/> Sinus Problems    | <input type="checkbox"/> Enlarged Thyroid   | <input type="checkbox"/> Head/neck symptoms: _____ |
| <input type="checkbox"/> Itchy Eyes     | <input type="checkbox"/> Grinding Teeth  | <input type="checkbox"/> Excessive Phlegm  | <input type="checkbox"/> Nose Bleeding      | _____  |
| <input type="checkbox"/> Spots in Eyes  | <input type="checkbox"/> TMJ             | <input type="checkbox"/> Color of Phlem    | <input type="checkbox"/> Ringing in Ear     | _____  |
| <input type="checkbox"/> Poor Vision    | <input type="checkbox"/> Facial Pain     |  | <input type="checkbox"/> Poor Hearing       | _____  |
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Gum Problems    |  | <input type="checkbox"/> Earaches           | _____  |

**Respiratory**

- |  |  |                                    |   |  |
|--|--|------------------------------------|---|--|
| <input type="checkbox"/> Difficult Breathing | <input type="checkbox"/> Chest Tightness | <input type="checkbox"/> Wet Cough | <input type="checkbox"/> Coughing Blood | <input type="checkbox"/> Color of Phlegm _____ |
| <input type="checkbox"/> Breath Shortness    | <input type="checkbox"/> Asthma          | <input type="checkbox"/> Dry Cough | <input type="checkbox"/> Pneumonia      | _____  |

**Cardiovascular**

- |  |   |   |   |  |
|--|---|---|---|--|
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Low Blood Pressure | <input type="checkbox"/> Chest Pain           | <input type="checkbox"/> Tachycardia        | <input type="checkbox"/> Phlebitis           |
| <input type="checkbox"/> Blood Clots         | <input type="checkbox"/> Fainting           | <input type="checkbox"/> Difficulty Breathing | <input type="checkbox"/> Heart Palpitations | <input type="checkbox"/> Irregular Heartbeat |

**Gastrointestinal**

- |   |   |  |   |  |
|---|---|--|---|--|
| <input type="checkbox"/> Nausea             | <input type="checkbox"/> Diarrhea       | <input type="checkbox"/> Intestinal Cramps | <input type="checkbox"/> # of Bowel Movements/Day |  |
| <input type="checkbox"/> Vomiting           | <input type="checkbox"/> Constipation   | <input type="checkbox"/> Itchy Anus        | <input type="checkbox"/> Color: _____             | <input type="checkbox"/> Odor: _____   |
| <input type="checkbox"/> Acid Regurgitation | <input type="checkbox"/> Laxative Usage | <input type="checkbox"/> Burning Anus      | Texture: _____                                    | Form: _____                            |
| <input type="checkbox"/> Gas                | <input type="checkbox"/> Black Stools   | <input type="checkbox"/> Rectal Pain       | <input type="checkbox"/> Hiccup                   | <input type="checkbox"/> Bad Breath    |
| <input type="checkbox"/> Bloating           | <input type="checkbox"/> Bloody Stool   | <input type="checkbox"/> Hemorrhoids       | <input type="checkbox"/> Mucous in Stool          | <input type="checkbox"/> Anal Fissures |

**Musculoskeletal**

- |   |  |                                     |   |                        |
|---|--|-------------------------------------|---|------------------------|
| <input type="checkbox"/> Neck/Shoulder Pain | <input type="checkbox"/> Upper Back Pain | <input type="checkbox"/> Joint Pain | <input type="checkbox"/> Limited Motion Range | Other, Describe: _____ |
| <input type="checkbox"/> Muscle Pain        | <input type="checkbox"/> Low Back Pain   | <input type="checkbox"/> Rib Pain   | <input type="checkbox"/> Limited Use          | _____                  |

**Skin and Hair**

- |                                      |                                    |                                    |  |
|--------------------------------------|------------------------------------|------------------------------------|--|
| <input type="checkbox"/> Rashes      | <input type="checkbox"/> Eczema    | <input type="checkbox"/> Dandruff  | <input type="checkbox"/> Change in hair/skin texture:    |
| <input type="checkbox"/> Hives       | <input type="checkbox"/> Psoriasis | <input type="checkbox"/> Itching   | <input type="checkbox"/> Fungal Infections               |
| <input type="checkbox"/> Ulcerations | <input type="checkbox"/> Acne      | <input type="checkbox"/> Hair Loss | <input type="checkbox"/> Other Skin/hair Problems: _____ |

**Neuropsychological**

- |                                   |                                      |  |   |                                  |
|-----------------------------------|--------------------------------------|--|---|----------------------------------|
| <input type="checkbox"/> Seizures | <input type="checkbox"/> Poor Memory | <input type="checkbox"/> Irritability    | <input type="checkbox"/> Considered Suicide | <input type="checkbox"/> Tics    |
| <input type="checkbox"/> Numbness | <input type="checkbox"/> Depression  | <input type="checkbox"/> Easily Stressed | <input type="checkbox"/> Abuse Survivor     | <input type="checkbox"/> Anxiety |

**Genito-urinary**

- |   |   |   |   |  |
|---|---|---|---|--|
| <input type="checkbox"/> Pain in Urination  | <input type="checkbox"/> Blood in Urine       | <input type="checkbox"/> Venereal Disease | <input type="checkbox"/> Increased Libido | <input type="checkbox"/> Impotence             |
| <input type="checkbox"/> Frequent Urination | <input type="checkbox"/> Unable to Hold Urine | <input type="checkbox"/> Bed Wetting      | <input type="checkbox"/> Decreased Libido | <input type="checkbox"/> Premature Ejaculation |
| <input type="checkbox"/> Urgent Urination   | <input type="checkbox"/> Incomplete Urination | <input type="checkbox"/> Wake to Urinate  | <input type="checkbox"/> Kidney Stone     | <input type="checkbox"/> Nocturnal Emission    |

**Gynecology**

- |  |  |  |   |                               |
|--|--|--|---|-------------------------------|
| <input type="checkbox"/> Age Menses Began          | <input type="checkbox"/> Duration of Flow  | <input type="checkbox"/> Vaginal Discharge | <input type="checkbox"/> Breast Lumps     | Date of last PAP: _____       |
| <input type="checkbox"/> Menstruation Length       | <input type="checkbox"/> Irregular Periods | <input type="checkbox"/> Vaginal Sores     | <input type="checkbox"/> # of Pregnancies | _____                         |
| <input type="checkbox"/> Cycle Length(day 1-day 1) | <input type="checkbox"/> Painful Periods   | <input type="checkbox"/> Vaginal Odor      | <input type="checkbox"/> # of Live Births | Date Last Period Began: _____ |
| <input type="checkbox"/> Mood Swing                | <input type="checkbox"/> PMS               | <input type="checkbox"/> Clots             | <input type="checkbox"/> Premature Births | Menopause Age: _____          |

**Other Gynecological Problems:**

## Informed Consent for Acupuncture, TCM, and Reiki treatment

I hereby request and consent to the performing of acupuncture (traditional or cosmetic) and other procedures as necessary including, electrical acupuncture, ear acupuncture, ear seeding, Chinese herbal medicine, nutritional and supplement therapy, Reiki energy healing (Guided meditation) and Bodytalk Access, by Mort Neek Registered TCM Practitioner, Acupuncturist, Nutritional Consultant & Reiki Master).

I understand and am informed that there are some risks to treatment including, but not limited to, minor bleeding or bruising, minor pain or soreness, nausea, fainting. I have been advised that **only pre-sterilized** needles will be used.

I wish to rely on the practitioner's judgment during the course of the treatment, based upon the facts then known, in my best interests. I understand that the results are not guaranteed.

Please note that acupuncture and herbal medicine are safe. Occasional bleeding or bruising or post needling sensation may happen. Fainting may occur for new patients due to nervousness, hunger or extreme tiredness. Chinese herbs are also very safe and effective. Occasional abdominal upset, diarrhea, insomnia and sweating may happen, although this can be the body's response to treatment.

### **Female Patients:**

I understand that if I am pregnant, or trying to become pregnant, I must notify the practitioner to modify the treatment plan, to avoid fetal distress.

### **Cosmetic Acupuncture Recipients:**

I fully understand that I need to follow the recommended course of treatment (which is 12 treatments in a row, once a week and consecutive monthly treatments for maintenance), to achieve and maintain desirable results. I also acknowledge that there is a chance of bruising with the procedure as with regular body acupuncture.

### **Reiki Treatment Recipients:**

I understand that REIKI is administered by laying hands on patient's body. During Reiki treatment energy may vibrate practitioner's body and hands, which will be transferred to patient's body. This is not a massage by any means.

I have read the consent form and had the opportunity to ask questions about the content. By signing below, I agree to the above mentioned TCM procedures. I intend this consent form to cover the entire course of treatment for my present and future conditions for which I seek treatment. I also give my consent to receive monthly newsletters about acupuncture, by e-mail.

### **Cancellation Policy:**

**I understand that I need to notify the clinic of any cancellations or changes at least 24 hrs in advance, or a cancellation fee equal to the full amount of the treatment fee will be applied.**

### **Consent:**

I (the undersigned) hereby request and consent to receive Traditional Chinese Medicine treatments (Acupuncture, Herbal Medicine, Nutritional Therapy, Reiki and other aforementioned modalities), and acknowledge that the treatments and their ramifications have been fully explained to me.

**Please read before signing.**

\_\_\_\_\_  
Signature of Patient

\_\_\_\_\_  
Date